

# Massages

## SOOTHING MASSAGE

75 €  
30 Min

Precious time dedicated to distention and relieve of the back, cervical and scalp, alleviating and relaxing these areas too often subject to muscle tension.

## RELAXING MASSAGE

110 €  
50 Min

Gentle and enveloping movements that allow body and mind to find an energetic balance of psychophysical wellness, being carried away by emotions.

## DETOX MASSAGE

120 €  
50 Min

Lymphatic drainage massage that boosts blood and lymphatic circulation, facilitating toxins elimination.

## DEEP TISSUE MASSAGE

120 €  
50 Min

Decontracting massage that works with strength and depth in the most tens areas, giving pleasant feeling of elasticity and muscle softness.

## STONE MASSAGE

120 €  
50 Min

Massage performed with hot stones that release heat in contact with the skin, generating a relaxing effect. For a complete relaxation the stones are moved with harmonious movements along the muscle bands and positioned in reflex points.

## OUTDOOR MASSAGE

from may to september

120 €  
50 Min

An exclusive moment of body and mind deep relaxation, surrounded by nature, sounds, scents and Langhe Hills sight.

+ FACE MASK  
during massage

30 €



# Body rituals

## LANGHE RITUAL

200 €  
90 Min

Our most complete path: the nourishing hazelnut scrub, the purifying grape mud and, finally, the enveloping massage of face and body, for a total relaxation signed Arborina.

## GRAPE MUD RITUAL

115 €  
50 Min

Detoxifying and slimming body ritual, which purifies and tones the skin thanks to grapes.

## SCRUB RITUAL WITH HAZELNUT OIL

115 €  
50 Min

Nourishing and illuminating ritual designed to exfoliate and regenerate the skin.

## HAND RITUAL

40 €  
20 Min

Scrub and anti-aging massage.  
Filing and enamel application, upon request.

## FEET RITUAL

50 €  
30 Min

Foot bath, scrub and massage.

# Facial rituals

## THE HAZELNUT

100 €  
50 Min

Purifying and nourishing ritual that takes advantage of the timeshares of hazelnut oil.

## THE GRAPE

100 €  
50 Min

Anti-aging that, thanks to the grapes, strengthens and illuminates the skin in depth.

## THE SNAIL

100 €  
50 Min

Rigenerating ritual that, thanks to snail slime, plump and smooth the skin.

